

May 1, 2023

Rutherford County High School and Middle School Athletic Directors and Coaches

***RE: Pre-Participation Athletic Exams for 2023-2024 for Rutherford County Athletes***

Tennessee Orthopaedic Alliance along with providers from Ascension Saint Thomas and Results Physiotherapy will be offering free pre-participation exams for prospective Rutherford County middle and high school student athletes on Saturday, June 17, 2023. To make this day go as smooth as possible, please note the following:

- Exams will be at TOA, 1800 Medical Center Parkway, in Murfreesboro, not at each individual school.
- **Please have the correct form and all required parent/guardian signatures filled out at the time of arrival.** Athletes without completed and signed forms will not be eligible to receive an exam.  
**Printers will not be available the day of physicals.**
- **This will be the only opportunity for athletes to receive these exams—no make-up will be done.**
- Athletes should dress in shorts/t-shirts to allow physicians to evaluate extremities as needed.
- Parents are welcome to accompany their children throughout the entire process.
- Exams will be complimentary.
- Please note that some medical problems detected during physical exam may require clearance from the athlete's physician. Parents may wish to schedule a complete physical evaluation from their physician.
- **Each student is responsible for delivery of forms to their coach—copies will not be available.**

Please adhere to the scheduled times for your school listed below. A small wait should be expected.

7:45AM—Smyrna High, Siegel High, Riverdale High, Siegel Middle, Smyrna Middle, Rockvale Middle, Rockvale High, Christiana Middle, Whitworth-Buchanan

8:30AM—Oakland High, Blackman High, MTCS, Oakland Middle, Blackman Middle, Lancaster Christian, Thurman Francis, Eagleville, Rocky Fork Middle

9:15AM—LaVergne High, Stewarts Creek High, Holloway, Rock Springs Middle, LaVergne Middle, Central Magnet, Providence Christian, Stewarts Creek Middle, FRCS

Please contact Cheryl Bolen at [BolenCR@TOA.com](mailto:BolenCR@TOA.com) as soon as possible should there be any conflicts with scheduled times. Do not hesitate to email with problems, questions, or concerns.